



## City Leisure Guide Arrives

For Immediate Release

*August 14<sup>th</sup>, 2009*- The City of Nanaimo Parks, Recreation and Culture Department is pleased to announce the arrival of the fall/winter Leisure Guide. The guide will be available on Tuesday, August 18<sup>th</sup>. Copies of the guide will be delivered to 30,000 homes and will be available at City facilities. An online version of the guide will be posted to the City website as well. Registration will begin on Wednesday, August 19<sup>th</sup>.

Fall is just around the corner which might have you thinking about going into hibernation mode, but the department has put together an impressive collection of programs and events to keep everyone active. There are over a thousand programs to choose from, including more than twenty brand new options including; 'Eco Art Projects', 'The Organized Family', 'Baby Backpackers' and 'All About Oysters'. Another new feature this season is the ability to register online for private swimming lessons.

The phones will be busy on the 19<sup>th</sup>, over 2,000 people registered for programs on the first day last session, so take some time to review the guide and plan ahead. You can register in person at the facilities, by phone 250 756 5200, or online at [www.nanaimo.ca](http://www.nanaimo.ca) . To make online registration easier call now to get your family pin code.

The department is committed to enhancing the quality of life for all of our residents and strives to offer programs that are available and suitable for all. For folks needing some financial assistance, the Leisure Economic Access Policy (LEAP) program is available for those that qualify. For information about the LEAP program contact the department at 250 756 5200.

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