



City Committed to Getting Kids Moving

October 1, 2010- Over one thousand local students born in the year 2000 are eligible to participate in the City's new 'Grade Five Active Pass'. The program officially launched today. Nanaimo Parks, Recreation and Culture has high hopes for the program which allows students, who attend school within District 68 free admission to public drop in swimming and skating and gymnasium sessions at City recreation facilities.

"Research indicates that kids at this age are receptive to the message of the benefits of active living. We hope to help them establish healthy habits that they will carry forward. Issues of body image, and peer pressure play less of a role at this stage so kids are more willing to try new things," explains Tara Fedosoff, Recreation Coordinator.

Application forms should have come home with students over the last few weeks. If you are the parent or guardian of a student enrolled in school within the district that qualifies (including homeschooled students) and have questions about the program please contact the Parks, Recreation and Culture Department directly at 250 756 5200 or visit www.nanaimo.ca

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