

CITY OF NANAIMO

THE HARBOUR CITY



PARKS RECREATION & CULTURE

Beban Park
2300 Bowen Road
Nanaimo, BC V9T 3K7
Phone: (250) 756-5200
Fax: (250) 758-8761

Bowen Park Complex
500 Bowen Road
Nanaimo, BC V9R 1Z7
Phone: (250) 756-5200
Fax: (250) 753-7277

Nanaimo Aquatic Centre
741 Third Street
Nanaimo, BC V9R 2B7
Phone: (250) 756-5200
Fax: (250) 755-7575

Oliver Woods Community Centre
6000 Oliver Road
Nanaimo, BC V9T 6T6
Phone: 250-756-5200
Fax: 250-751-2124

SUPPLY LIST TEXTURED PAPER WORKSHOPS

The majority of items can be brought from home:

- disposable gloves to keep your hands clean
- apron and or clothes that can get dirty
- 1 square hard plastic surface (like that which you would get in a picture frame)
- 1 package of white card stock
- selection of water colors (a child's painting set is fine)
- favorite colors in acrylic paint
- 3 paint brushes in a variety of sizes (do not need to be expensive brushes)
- 1 package of food coloring
- 1 roll of paper towel
- newsprint to keep surface clean
- container for water
- saran wrap
- rubbing alcohol
- eye dropper
- tissue paper that bleeds any color (as many colors as you like)
- spray bottle for water (to mist your work)
- shaving cream
- a cookie sheet
- small package of bamboo skewers
- 12 inch ruler
- 2 tin foil trays that will hold an 8 1/2 by 11 sheet of paper
- 3 spoons
- 6 cups to mix paint in

Recipe for Liquid Cornstarch

(please make this mixture ahead of time and bring it in a sealed container)

1/2 cup corn starch, 1/2 cup cold water, mix thoroughly then add 1 1/2 cup boiling water and mix constantly to dissolve corn starch.

Optional:

A selection of items to add texture like mesh or leaves.