



NANAIMO SPORT TOURISM GUIDE

LEARN. TRAIN. PLAY.





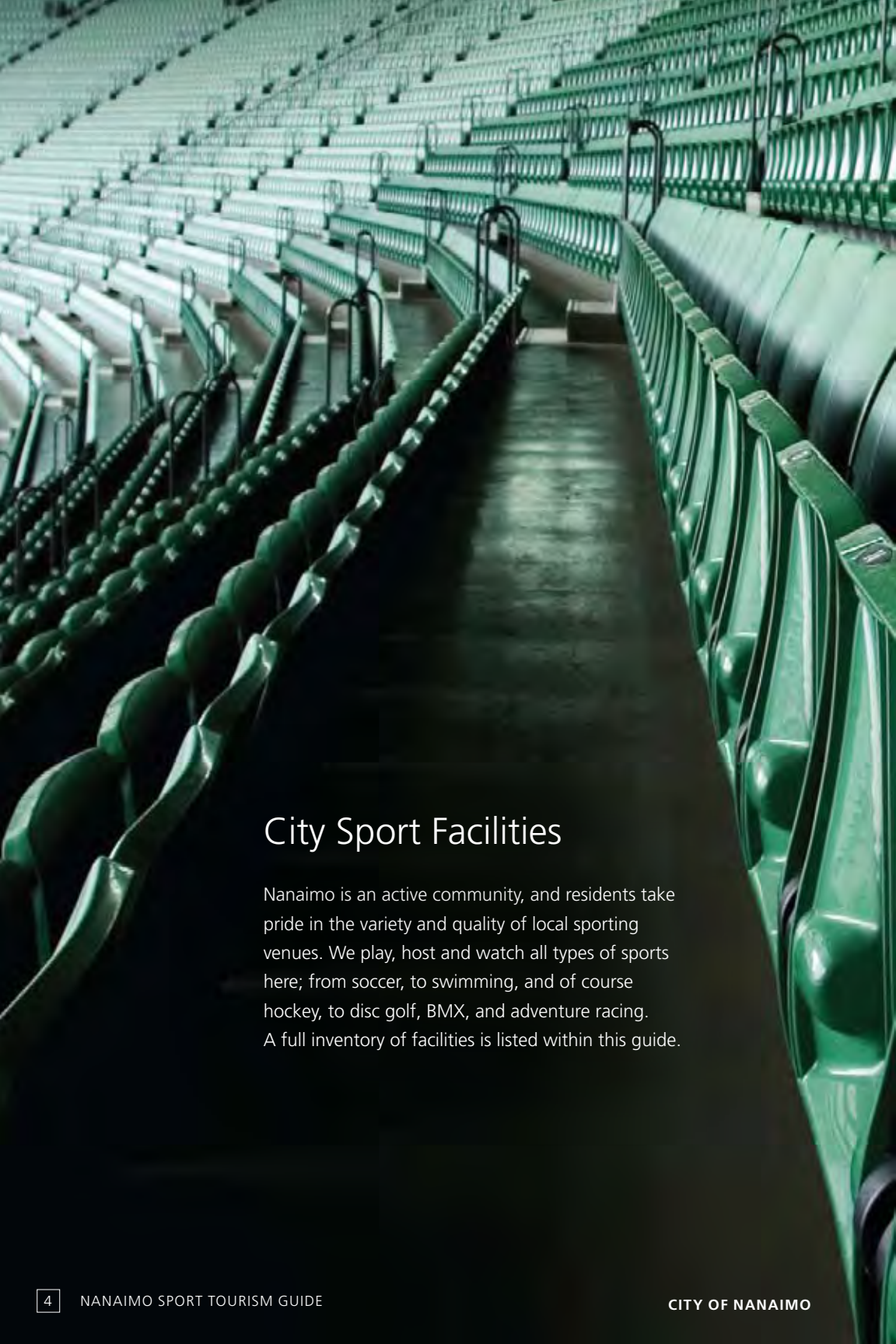
Welcome to Nanaimo, the Harbour City.

Nanaimo truly is the Harbour City. Our community of 84,000 and growing lies along the east coast of one of the world's top island destinations. Visitors often comment how amazed they are by the natural beauty of the area and the relaxed yet energetic pace of the City.

Vancouver Island's world famous island style hospitality, mild climate, creative and dedicated community members create a perfect environment to host events of all types. The City of Nanaimo, Parks, Recreation and Culture Department is committed to helping you hold your best event here in the Harbour City.

Who We've Hosted

The secret is out; Nanaimo is a great place to host events. The community boasts an impressive list of satisfied hosting partners including: BC Summer Games, BC Senior Games, U-17 World Hockey Challenge, Van Isle 360 Regatta, ABA BMX World Championships, Nanaimo Dragon Boat Festival, and the BC Disability Games. Your event will benefit from our past experiences with a wide variety of high calibre events. We are creative, committed, and enthusiastic about creating the best event possible for participants, spectators, organizers and the community.



City Sport Facilities

Nanaimo is an active community, and residents take pride in the variety and quality of local sporting venues. We play, host and watch all types of sports here; from soccer, to swimming, and of course hockey, to disc golf, BMX, and adventure racing. A full inventory of facilities is listed within this guide.

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Arenas

Although ubiquitous to the Canadian landscape, the rinks in Nanaimo manage to stand out. All four are NHL regulation size surfaces. The Nanaimo Ice Centre is the newest ice centre with twin rinks and seating available for 400 and 200. The upper lobby allows for additional viewing of both surfaces. The Frank Crane Arena is home to the BCHL Junior Nanaimo Clippers who pack the 2,000 seat arena on a regular basis.

Over the years Nanaimo's hockey heritage has been established by hosting the likes of the Royal Bank Memorial Cup and the World Under Seventeen Hockey Challenge. We've also proudly hosted the Western Canadian Sectionals and Vancouver Island Regionals for figure skating.

Arenas

1. Nanaimo Ice Centre



CONTACT	SPORTS	AMENITIES
<p>Darcie Osborne, <i>Manager, Arenas</i> CITY OF NANAIMO</p> <p>ph. 250 756 5221 Darcie.osborne@nanaimo.ca</p>	<p>Ice Hockey Ringette Figure Skating Lacrosse Roller Hockey</p>	<ul style="list-style-type: none"> - Rink 1 - 6 Change Rooms - Rink 2 - 5 Change Rooms - 2 Referee Dressing Rooms - Lounge Area Capacity (132 Theatre Style / 60 Banquet Style) - Meeting Room Capacity (8) - Parking Capacity (285) - Building Capacity (928) - Concession - Wireless Internet Access - Box Office - Dry Floor Season (April - August) - Sound System

2 NHL Size Rinks Rink 1 Seating Capacity = 400 Rink 2 Seating Capacity = 200

2. Frank Crane Arena



CONTACT	SPORTS	AMENITIES
<p>Darcie Osborne, <i>Manager, Arenas</i> CITY OF NANAIMO</p> <p>ph. 250 756 5221 Darcie.osborne@nanaimo.ca</p>	<p>Ice Hockey Ringette Figure Skating Lacrosse Roller Hockey</p>	<ul style="list-style-type: none"> - 4 Change Rooms - VIP Box - Media Gondola - Box Office - Concession - Parking Capacity (461) - Floor Cover for Dry Land Events - Wireless Internet Access - Dry Floor Season (April - August) - Sound System

1 NHL Size Rink Seating Capacity = 2432

3. Cliff McNabb Arena



CONTACT	SPORTS	AMENITIES
<p>Darcie Osborne, <i>Manager, Arenas</i> CITY OF NANAIMO</p> <p>ph. 250 756 5221 Darcie.osborne@nanaimo.ca</p>	<p>Ice Hockey Ringette Figure Skating Lacrosse Roller Hockey</p>	<ul style="list-style-type: none"> - 4 Change Rooms - Box Office - Conference Room - Sound System - Internet Access - Parking Capacity (461)

1 NHL Size Rink Seating Capacity = 87

4. Nanaimo Curling Club



CONTACT	SPORTS	AMENITIES
<p>Denise Wood, <i>Manager</i> NANAIMO CURLING CLUB</p> <p>ph. 250 753 3474 nanaimocurlingclub@shaw.ca</p>	<p>Curling</p>	<ul style="list-style-type: none"> - Level 3 Ice Technician on Staff - 2 Full Service Kitchens - Change Rooms - Players Lounge - 19,000 Sq.Ft. Dry Floor Surface - Parking

8 Sheets Spectator Capacity = 300 (2 levels)



Aquatics

Early morning practices, countless laps, practicing for perfection - we understand what goes into being a competitive athlete. We put the same effort into providing quality facilities. From the calming stillness of the water moments before opening, to the echoes of cheering fans, the aquatic facility staff are on hand to make your meet a success.

The Nanaimo Aquatic Centre's hosting experience includes the 2009 Western National Synchronized Swimming Championships, and Canadian National Masters Championship. The centre also serves as the regional 'in service training' facility with fully certified training staff and equipment.

Aquatics

1. Beban Pool



CONTACT	SPORTS	AMENITIES
<p>Sandy Raddysh, <i>Manager, Aquatics</i> CITY OF NANAIMO</p> <p>ph. 250 755 7574 Sandy.raddysh@nanaimo.ca</p>	<p>Swimming Meets Synchronized Swimming Diving Aquacise Events</p>	<ul style="list-style-type: none"> - 37 Metres (25m + 12m shallow end) - 1 and 3 Meter Boards - Main Pool (83 F) - Wireless Internet Access - Catering Available Through Snack Bar - Fitness Gym - Leisure Pool - Hot Tub - Sauna - Steam Room

Bleachers



2. Nanaimo Aquatic Centre



CONTACT	SPORTS	AMENITIES
<p>Sandy Raddysh, <i>Manager, Aquatics</i> CITY OF NANAIMO</p> <p>ph. 250 755 7574 Sandy.raddysh@nanaimo.ca</p>	<p>Swimming Meets Synchronized Swimming Diving Aquacise Events Life Saving Competitions Water polo</p>	<ul style="list-style-type: none"> - 50m lap pool - 9m x 18.6m pneumatically moveable floor (0-2 m) - 2 moveable bulkheads - Dive Tank - 1m & 3m boards - Water temperature maintained at 80F - 16 - 25m lanes & 8 - 50m lanes - Portable bleachers to seat 200 - Steam room, sauna and hot tub - Wave pool, leisure pool & waterslides - Meeting rooms - Catering through snack bar - Fitness Gym - Wireless Internet Access

Local swim club owns timer / touch pads

Bleachers



3. Kin Pool at Bowen Park



CONTACT	SPORTS	AMENITIES
<p>Nanaimo White Rapids</p> <p>ph. 250 753 1876 Kin_pool@hotmail.com</p>	<p>Swimming Meets</p>	<ul style="list-style-type: none"> - Outdoor Pool - 6 - 25m Lanes - Water Temperature (80F) - Can Accommodate Regulation Swim Meets - Lane Rope and Back Stroke Flags

Timing system owned / managed by White Rapids Swim Club

Bleachers





Fields

We know it's cliché, but here you'll find the field for your competitors to play out their dreams. Nanaimo has 20 sport fields, from large complexes such as Beban Park and McGirr Sports Complex to smaller neighbourhood fields. We've only included the six major complexes within this guide. For a full inventory of City fields visit the City's website.

The Mini World Cup of Soccer, BC Summer Games and BC Senior Games are just a few of the events that have taken to the fields in Nanaimo.

Fields

1. Beban Park Sports Fields



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Soccer Baseball Cricket</p>	<ul style="list-style-type: none"> - 2 Grass Soccer Fields (sand based) - 4 Fast Ball Diamonds - 4 Change Rooms

Bleachers On-Site Parking



2. Merle Logan Field



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Soccer Football</p>	<ul style="list-style-type: none"> - Artificial Full Sized Soccer Field - American Sized Football Field - Lit Fields

Bleachers On-Site Parking Field House



3. Third Street Sports Zone



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Soccer Baseball Slo-pitch Field Hockey Field Lacrosse Track & Field Events</p>	<ul style="list-style-type: none"> - 2 Junior Baseball Diamonds (60 & 70 ft base paths) - 1 Junior Baseball Diamond (50 & 60 ft base paths) - 1 Senior Baseball Diamond (90 ft base paths) - 2 FIFA Regulation Soccer Pitches - Track Facilities (incl. shock resistant 400m track) - Batting Cage - Field Hockey / Lacrosse Nets

Bleachers On-Site Parking Field House



4. McGirr Sports Field Complex



CONTACT	SPORTS	AMENITIES
<p>Steve Bilodeau MCGIRR SPORTS SOCIETY</p> <p>ph. 250 756 1173 thebillys@shaw.ca www.mcgirrsportsfields.net</p>	<p>Soccer Baseball Slo-Pitch Field Lacrosse</p>	<ul style="list-style-type: none"> - 4 Baseball Diamonds - Lit Fields - Natural Kentucky Bluegrass Turf - Soccer and Field Lacrosse Areas - Electronic Scoreboards

Bleachers On-Site Parking Field House



5. May Richards Bennett Pioneer Park



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Soccer Baseball Slo-Pitch Rugby Ultimate Frisbee</p>	<ul style="list-style-type: none"> - 2 Baseball Fields - Soccer Field - Football Field (lit) - Rugby Pitch (lit)

Bleachers On-Site Parking Field House



6. Caledonia Park



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Football Soccer</p>	<ul style="list-style-type: none"> - Soil Based Field - Full Sized Soccer / Football Field - 400 Yard Cinder Track - Artificial Turf Goal Mouths - Irrigated - Scoreboard

Bleachers On-Site Parking Field House



A complete list of fields in Nanaimo can be found under our department section online at www.nanaimo.ca.



Nanaimo residents are proud of their park system. With over 1,200 hectares of parkland and 130 kilometres of trails, there is a lot to be proud of. There are a few signature parks which are key event sites, but don't feel limited to choosing one of these.

Our parks have played host to the Dragon Boat Festival, our world famous Bathtub Races and will be the celebration site for the Olympic Torch Relay in fall 2009.

Parks

1. Maffeo Sutton Park



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Running/Walking (Start/Finish) Dragon Boats Sailing Kayaking Canoeing Outrigger Celebrations/ Ceremonies Concerts</p>	<ul style="list-style-type: none"> - Concessions - In Ground Power - Water - Pavilion - Trails - Large Open Field Space - Spirit Square

On-Site Parking Beach Access



2. Westwood Lake Park



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Running Adventure Races Kayaking Canoeing Swimming Mt. Bike Orienteering</p>	<ul style="list-style-type: none"> - Beaches - 6 km Chip Trail - Power - Water - Swimming Float / Dock - On Site Care Taker

On-Site Parking Beach Access



3. Long Lake (Loudon Park)



CONTACT	SPORTS	AMENITIES
<p>Elizabeth Williams, <i>Manager, Sport Tourism & Marketing</i> CITY OF NANAIMO</p> <p>ph. 250 755 7514 Elizabeth.williams@nanaimo.ca</p>	<p>Kayaking Canoeing Rowing Swimming Waterskiing</p>	<ul style="list-style-type: none"> - Swimming Beach - Rowing / Kayak / Canoe Boat House - Wheel Chair Accessible Fishing Dock - Swimming Float / Dock - Nanaimo Canoe & Kayak Club www.nckc.nisa.com - Nanaimo Rowing Club www.nanaimorowingclub.com

On-Site Parking Beach Access



4. Beban Park



CONTACT	SPORTS	AMENITIES
<p>Mary Smith, <i>Manager, Recreation & Culture Services</i> CITY OF NANAIMO</p> <p>ph. 250 756 5201 Mary.smith@nanaimo.ca</p>	<p>Equestrian Dog Shows / Agility Gatherings / Ceremonies Lawn Bowling BMX</p>	<ul style="list-style-type: none"> - Agriplex - Stables / Stalls - Two Riding Rinks - BMX Track (with stands) - Open Grass Space - Tourism Nanaimo Visitor Centre

On-Site Parking



5. Bowen Park



CONTACT	SPORTS	AMENITIES
<p>Bob Kuhn, <i>Manager, Recreation and Culture Services</i> CITY OF NANAIMO</p> <p>ph. 250 755 7512 Bob.kuhn@nanaimo.ca</p>	<p>Tennis Horseshoes 18 Hole Disc Golf Trail Running Orienteering Sand Volleyball Snooker Lawn Bowling</p>	<ul style="list-style-type: none"> - Tennis Courts - Disc Golf Course - Trails - Meeting Rooms - Auditorium - On Site Care Taker

On-Site Parking





Oliver Woods Community Centre is the newest City facility. It houses twin gymnasiums with state-of-the-art sprung flooring system. Vancouver Island University gymnasium is also available for events, such as the BCCAA Basketball and CCAA Volleyball National Championships.

There are a number of indoor spaces suitable for martial arts, gymnastics, and indoor net games and social functions.

Gymnasiums

1. Vancouver Island University



CONTACT	SPORTS	AMENITIES
Tina McComb <i>Coordinator, Gymnasium</i> VANCOUVER ISLAND UNIVERSITY ph. 250 740 6431 Tina.mccomb@viu.ca	Basketball Volleyball Gymnastics Wrestling Indoor Soccer Badminton Martial Arts Floor Hockey	- 19,000 Sq.Ft. Gym - 4 Volleyball Courts - 10 Badminton Courts - Center Court Basketball (or two smaller courts) - 20' X 40' Multipurpose Room - 4 sets of permanent bleachers - 4 sets of portable bleachers

Permanent Bleacher Capacity = 500 Portable Bleacher Capacity = 300



2. Oliver Woods Community Centre



CONTACT	SPORTS	AMENITIES
Mary Smith <i>Manager, Recreation & Culture Services</i> CITY OF NANAIMO ph. 250 756 5201 Mary.smith@nanaimo.ca	Basketball Volleyball Pickle ball Futsal Gymnastics Wrestling Indoor Soccer Badminton Martial Arts Floor Hockey	- 2 Full Size Gymnasiums - Multipurpose Rooms (120 Capacity) - Wellness Rooms (200 Capacity) - Meeting Room - Sprung Floors (Gymnasium & Wellness Rooms)



Accommodations

One thing is for sure, participants will need a place to lay their heads after a day of competing, supporting, and organizing. Nanaimo offers a full range of accommodation options. Everything from luxury water view suites in downtown hotels, private group friendly retreat centres and inns, to family and budget friendly motels and hostels. Of course, with nature at the City's door, there are plenty of camping facilities.

The bulk of Nanaimo's accommodations are conveniently located in the heart of the City and along the major thoroughfares. On the rare occasion that a group can't find enough accommodation within the City, our neighbouring communities also provide a variety of options all within a half hour drive.

Accommodations

Hotels / Motels

Best Western Dorchester Hotel	70 ROOMS
70 Church Street ph. 250 754 6835 www.dorchesternanaimo.com	★★★★ 🍴
Best Western Northgate Inn	72 ROOMS
6450 Metral Drive ph. 250 390 2222 www.bestwesternnorthgate.com	★★★★ 🍴
Bluebird Motel	29 ROOMS
995 North Terminal Avenue ph. 250 753 4151 www.bluebirdmotel.ca	
Buccaneer Inn	13 ROOMS
1577 Stewart Avenue ph. 250 753 1246 www.buccaneerinn.com	★★★★ 🍴
Coast Bastion Inn	TEAM FRIENDLY 177 ROOMS
11 Bastion Street ph. 250 753 6601 www.coasthotels.com	★★★★ 🍴
Colonial Inn & Suites	9 ROOMS
950 North Terminal Avenue ph. 250 754 4415 www.motelnanaimo.ca	★★★ 🍴
Days Inn Nanaimo Harbourview	79 ROOMS
809 Island Highway South ph. 250 754 8171 www.nanaimohotel.com	
Departure Bay Motel	21 ROOMS
2011 Estevan Road ph. 250 754 2161	★★★ 🍴
Diplomat Motel	18 ROOMS
333 Nicol Street ph. 250 753 3261	
Grand Hotel	72 ROOMS
4898 Rutherford Road ph. 250 758 3000 www.thegrandhotelnanaimo.com	
Harbourside Motel	24 ROOMS
250 Terminal Avenue ph. 250 716 1671 www.harboursidemotel.com	
Howard Johnson Harbourside Hotel	100 ROOMS
1 Terminal Avenue ph. 250 753 2241 www.hojonanaimo.com	★★★★ 🍴

Hotels / Motels

Inn On Long Lake	62 ROOMS
4700 Island Highway North ph. 250 758 1144 www.innonlonglake.com	★★★★ 🍴
Painted Turtle Guesthouse	TEAM FRIENDLY 20 ROOMS
121 Bastion Street ph. 250 753 4432 www.paintedturtle.ca	
Ramada Nanaimo	65 ROOMS
315 Rosehill Road ph. 250 716 2009 www.ramada.com	
Port-O-Call Inn and Suites	42 ROOMS
505 North Terminal Avenue ph. 250 753 3421 www.portocallnanaimo.com	
Travelodge Nanaimo	78 ROOMS
96 Terminal Avenue ph. 250 754 6355 www.travelodgenanaimo.com	★★★★ 🍴

Dormitories

Vancouver Island University (Summer Accommodation)	200 ROOMS
Western Student Housing Ltd. 4 University Crescent ph. 250 754 6338 www.viuresidences.ca	

Campgrounds

Jingle Pot RV Park & Campground	120 SITES
4012 Jingle Pot Road ph. 250 758 1614	
Living Forest Oceanside RV & Campground	250 SITES
6 Maki Road ph. 250 755 1755 www.newcastleisland.ca	★★★★ 🍴
Westwood Lake RV & Campsite	66 SITES
380 Westwood Road ph. 250 753 3922 www.westwoodlakecampground.com	
Zuiderzee Campsite	60 SITES
2575 Enefer Road ph. 250 722 2334	★★★

★ Canada Select Rating 🍴 On Site Restaurant 🍳 Continental Breakfast



Getting Here and Around

Whether you are hosting folks from across the Island or across the country, Nanaimo is easy to get to. Located on central Vancouver Island, Nanaimo is well connected to the mainland and the rest of the island.

Transportation Options

Don't let the fact that Nanaimo is located in the middle of an island fool you, driving to the City could not be easier. Attendees can choose to bring their own vehicle aboard BC Ferries or

pick up a rental upon their arrival. Car rental outlets are conveniently located at the Nanaimo Airport, the float plane terminal, in a number of area hotels, and throughout the City. There are also shuttle vans and taxis available for hire. With connections by land, air and sea, Nanaimo is conveniently linked to the world. Check out this quick list of various transportation options to help you get around.

FERRIES

Nanaimo has two vehicle and passenger ferry runs operated by BC Ferries – Departure Bay to Horseshoe Bay (90 minutes sailing time) and Duke Point to Tsawwassen (120 minutes sailing time).

Ph. 1 800 BC FERRY
www.bcferries.com

AIR SERVICE

Nanaimo Airport

The Nanaimo Airport, about 15 minutes from downtown, is serviced by Air Canada Jazz from Vancouver with 6 flights per day.

Ph. 250 245 2157

www.nanaimoairport.com

Comox Valley Airport

Located in the Comox Valley, 90 minutes drive time from Nanaimo and is serviced by six carriers, including West Jet.

Ph. 250 897 3123

www.comoxairport.com

Victoria Airport

Located about 90 minutes south of Nanaimo in Victoria. This is the largest

of the Island airports with nine carriers including Air Canada, Air Canada Jazz, West Jet, United and Horizon Air.

Ph. 250 953 7500

www.victoriaairport.com

MOTOR COACH COMPANIES

We understand that what is the key to many sporting events is the successful movement of large groups of participants. The services of two locally owned motor coach companies can easily be supplemented with coach services from all over the Island.

Smith Transportation

www.smithtransportation.com

Pacific Coach Lines

www.pacificcoach.com



Food and Beverage

The food and beverage choices in Nanaimo are limitless. Dining options include; family style restaurants, west coast bistros, cafes, chain restaurants, delis, pubs and fast food take outs. The variety is sure to please all tastes and budgets.

Along the Sidelines

Apart from being involved in a great event, visitors can enjoy a variety of activities while in the Harbour City. Tourism Nanaimo operates a visitors centre open year round and is a great resource pre and during events. They host a great website full of information www.tourismnanaimo.com.

Supplies

Every successful event organizer knows “the devil is in the details”. Here in the Harbour City you will be surprised with how quickly the details fall into place. Nanaimo acts as the mid-island’s service centre so you will likely find everything you need right here. On the rare occasion you need to bring something in from Victoria or Vancouver same day and overnight couriers are available.

Nanaimo is serious about supporting event organizers, whether they are home grown or visiting. The City along with Tourism Nanaimo and Pacific

Sport are pleased to offer a ‘sports event kit’ free of charge to assist event hosts.

For a full list of kit contents visit: www.tourismnanaimo.com and look for the Community Event Kit Loan Program page.

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