Nanaimo Aquatic Centre	Beban Park	Bowen Park Complex
741 Third Street	2300 Bowen Road	500 Bowen Road
Nanaimo, BC V9R 2B7	Nanaimo, BC V9T 3K7	Nanaimo, BC V9R 1Z7
Phone: (250) 756-5200	Phone: (250) 756-5200	Phone: (250) 756-5200
Fax: (250) 755-7575	Fax: (250) 758-8761	Fax: (250) 753-7277

Media Release

To: The Media
From: Elizabeth Williams, Manager of Sport Tourism and Outdoor Events
Date: 2008-OCT-07
Subject: **AED's Installed at Parks, Recreation & Culture Public Facilities**

We are excited to announce effective today Automated External Defibrillators (AED's) have been installed in all public Parks, Recreation & Culture facilities. An automated external defibrillator (AED) is a device containing sophisticated electronics used to identify cardiac rhythms, and to deliver a shock to correct abnormal electrical activity in the heart. According to the Heart and Stroke Foundation "more than 35,000 Canadian lives are lost each year due to cardiac arrest. Defibrillation improves survival rates by up to 30 percent if delivered in the first few minutes. With each passing minute, the probability of survival declines by 7 to 10%. Making defibrillators easily accessible has the potential to save thousands of lives".

Councillor Larry McNabb is "pleased to have AED's for public use in our recreation facilities, we continue to work toward making our facilities fun and safe"

The units will be publicly accessible (available for public use) at:
Beban Social Centre, Oliver Woods Community Centre, Bowen Park Complex, Nanaimo Ice Centre, Frank Crane Arena, Cliff McNabb Arena

In the case of emergency, a trained member of the public will be able to access the AED and assist a person in need.

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For more information please contact Suzanne Samborski, Sr. Manager of Recreation Services, at 250.755.7518