

# City of Nanaimo Curbside Recycling and Green Bin Guide



## INSIDE YOUR GREEN BIN

### Food Waste Including:

- ✓ Baked goods
- ✓ Baking Ingredients, herbs, spices
- ✓ Bones
- ✓ Bread, cereal, grains
- ✓ Candy
- ✓ Coffee grounds, filters, tea bags
- ✓ Dairy products, butter, mayonnaise
- ✓ Egg shells
- ✓ Fruit and vegetable scraps
- ✓ Meat, fish/seafood, poultry
- ✓ Nuts and shells
- ✓ Pasta, rice

### Soiled Paper/Paper Packaging:

- ✓ Cardboard (including waxed)
- ✓ Ice cream, milk and cream cartons
- ✓ Gable top juice and soy milk cartons (plastic spouts removed)
- ✓ Paper cups and plates
- ✓ Paper fast food packaging
- ✓ Paper towels and tissues
- ✓ Pizza boxes
- ✓ Waxed paper

### Other:

- ✓ Compostable bags (must have certified compostable logo)
- ✓ Houseplants, cut and dried flowers

### Please Check:

- ✗ NO plastic, metal or Styrofoam
- ✗ NO biodegradable or plastic bags
- ✗ NO drink boxes or Tetra Pak containers
- ✗ NO yard and garden waste, feminine hygiene products, pet feces or cat litter



## INSIDE YOUR YELLOW BAG

### Plastic Household Containers

#### Including:

- ✓ Plastic beverage containers (may be returned for refund)
- ✓ Plastic condiment bottles: ketchup, relish, mayonnaise, etc.
- ✓ Plastic cosmetic bottles: shampoo, hair rinses, etc.
- ✓ Plastic dish soap and laundry detergent bottles
- ✓ Plastic food containers: margarine, yogurt, peanut butter, etc.
- ✓ Plastic milk jugs
- ✓ Plastic vitamin bottles: pill bottles, mouth wash, etc.

#### Please Check:

- ✓ Containers are rinsed (no food or other residue)
- ✗ NO foam plastic Styrofoam
- ✗ NO containers that held chlorine or ammonia-based products
- ✗ NO motor oil containers
- ✗ NO metal bottle lids or caps, spray nozzle heads and metal attachments

### Household Paper Including:

- ✓ Boxboard packaging (cereal, detergent, soap boxes, shoe boxes, etc.)
- ✓ Catalogues
- ✓ Envelopes
- ✓ Fibre egg cartons
- ✓ Magazines
- ✓ Office Paper
- ✓ Paper Bags
- ✓ Telephone Directories

#### Please Check:

- ✓ Paper is clean and dry (soiled paper can go in the Green Bin)
- ✗ NO hardcover books, soiled paper, drink boxes or paper with waxed coatings, plastic or foil lamination
- ✗ NO tissues, used paper towels, waxed paper, baking/parchment or soiled pizza boxes. (Soiled or waxed paper products can go in the Green Bin.)

### Metal Containers:

- ✓ Food and beverage cans and lids
- ✓ Foil containers and trays

#### Please Check:

- ✓ Clean (NO food or other residue)
- ✓ Labels removed
- ✗ NO metal pots, plastic or paper laminated with foil such as chip bags or foil yogurt covers

## INSIDE YOUR BLUE BAG

### Newspapers Including:

- ✓ Flyers and inserts
- Please Check:**
- ✗ NO books or soiled newspapers

## BESIDE YOUR BLUE & YELLOW BAG

### Cardboard:

- ✓ Flattened (1 M x 1 M max. dimensions and tied in a bundle)
- ✗ NO wax or plastic coated boxes or non-corrugated boxes
- ✓ Waxed cardboard or boxboard can go in the Green Bin; non-corrugated cardboard (boxboard) can go in the Yellow Bag