

## NEWS RELEASE

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### **Celebrate Earth, Water & Wild Foods Festival**

#### **Summary**

On Sunday, April 23 a free festival-style community event, the Earth, Water & Wild Foods Festival, will be held in Bowen Park from 11:00 am to 3:00 pm. Food vendors and chefs will be offering tasty samples featuring local and wild food products. Booths focusing on water and earth will be set up offering demonstrations, workshops, live music, kids activities and guided walks through Bowen Park.

As part of the Water to Earth Month celebration, and in partnership with the Regional District of Nanaimo's Team WaterSmart, Vancouver Island University and the Nanaimo and Area Land Trust, the City of Nanaimo is supporting several activities such as river rafting, stream walks, documentary films, movie nights, educational tours and workshops being held throughout the months of March and April.

*Strategic Link:* The Earth, Water & Wild Foods Festival supports Environmental Responsibility through encouraging a more sustainable community.

#### **Key Points**

- Please pre-register for the following activities on April 23 online or by calling 250-756-5200: Lawn Alternatives workshop (course code #155257) from 11:30-12:30 pm; Millstone River Walk (course code #155793) from 2:00-3:00 pm; and for children aged 6-12 years, The Incredible Journey - The Water Cycle (course code #155237) from 10-11:30.
- An Invasive Plant Drop Zone will also be available on April 23 from 11:00 am to 3:00 pm in the Bowen Park lower parking lot off Wall Street. Bring your Daphne, Ivy and Broom cuttings for free disposal.

#### **Quotes**

"This event is a great way to wrap up our Water to Earth Month providing an opportunity for all ages to learn more about our community, reconnect with our natural surroundings, becoming aware of the wildfoods that are available in our area and focusing on the value and importance of the water we use on a daily basis."

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