

## NEWS RELEASE

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### Spring & Summer Activity Guide available soon

#### Summary

Despite the current weather conditions Spring is fast approaching. This has Parks & Recreation busy finalizing the 2017 Spring and Summer Activity Guide to help keep you and your families busy. It will be released on the City of Nanaimo's website Wednesday, February 22 or a hard copy can be picked up at City recreation centres, libraries, local malls, and groceries stores starting Friday, February 24. Registration for all programs in the guide starts Wednesday, March 1st.

The colourful Canada 150 themed guide offers a variety of programs and events for all ages at facilities and parks throughout Nanaimo as well as information on other community programs and clubs. Several new items have been added such as new workout programs called Cardio Chisel, Strong by Zumba, new jewelry making classes using Beachstones to name a few. Loved favourites such yoga hikes, tennis lessons, ballet, music lessons, skating lessons and summer camps are still available.

Mark your calendars, registration begins Wednesday, March 1. We encourage you to "take a moment" and try something new.

*Strategic Link:* The Spring and Summer Activity Guide supports the Cultural Vitality pillar by promoting a broad concept of culture encompassing creativity/innovation, arts, heritage, ethnicity, sport, recreation and leisure lifestyles.

#### Key Points

- The 2017 Spring and Summer Activity Guide can be viewed on the City website starting Wednesday, February 22.
- Guides will be available for pick up on Friday, February 24 at City of Nanaimo recreation centres along with local grocery stores, malls and libraries.
- Registration for spring and summer programs opens on Wednesday, March 1.
- To get an online registration account and for more information on online registration, please call 250-756-5200.

#### Quotes

"We are excited to launch the Spring/Summer edition this year with many new courses available, there is so much to try and experience in Nanaimo."

Liz Williams  
Recreation Manager, Parks & Recreation  
City of Nanaimo

Continued... Spring & Summer Activity Guide available soon

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View the online edition for more information -  
<http://cnan.ca/2INrgB3>