

## **NEWS RELEASE**

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# Celebrate Wild Foods and Earth Day in Bowen Park

#### **Summary**

The City of Nanaimo is partnering with Nanaimo Area Land Trust (NALT) to bring back the Wild Foods Festival and Earth Day celebrations for another year.

On Saturday, April 23, visit Bowen Park for a day of festivities centred around Nanaimo's local ecology and wild foods that occur in the area. Activities and attractions include a WildFoods Plant ID walk, cooking demos, a presentation by FarmFolk/CityFolk, live music by local musicians, wild food samples, community info booths and a local food and crafts market.

For more information, please call 250-714-1990.

Strategic Link: Working with NALT and Nanaimo Foodshare on Earth Week events contributes to the Community Building Partnerships priority and Environmental Responsibility pillar in the Corporate Strategic Plan.

## **Key Points**

- The Wild Foods Festival and Earth Day Celebration will be held on Saturday, April 23 from 11:00 am to 3:30 pm in the Bowen Park complex.
- Admission is Free. Food tickets are \$1 each.

#### Quotes

"We are really happy to bring back the Wild Foods Festival to compliment our Earth Day celebrations. It's going to be a fun day filled with something for everyone - live music, plenty of activities, information on Nanaimo's natural environment and delicious food made with local ingredients."

Rob Lawrance Environmental Planner City of Nanaimo

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View the online edition for more information - <a href="http://cnan.ca/1SzUgMK">http://cnan.ca/1SzUgMK</a>