



GoByBikeBC

NANAIMO

**Bike To Work Week 2018
Kick Off Party**

FOOD • FUN • MUSIC



YOU ARE INVITED!

MAY 5TH - Maffeo Sutton Park

***** Gather up friends or family and join us to kick off Bike to Work Week 2018! *****

- 10:30 **Team Leaders coffee** and snacks (pick up t-shirts and good tips!)
Spice up your Bike Challenge - decoration station until 1pm
- 11:30 **Snuneymuxw First Nation blessing, opening remarks and Free Lunch**
(catered by The Bee's Knees Community Cafe)
- 1:00 **Bike Yoga session** with Omtown Yoga
- 1:15 **Critical mass family bike ride** with music from DJ All Good

RSVP at <https://bit.ly/2J6shQk>

www.biketowork.ca/nanaimo



@btwwnanaimo