

# YOUTH WEEK

MAY 1-7, 2017

## FOR AGES 12-18

CHOOSE ONE EVENT OR COME TO THEM ALL!



### Youth Week Ultimate Frisbee

12 to 18 Years

Try out this awesome sport known as "ultimate" for FREE!

Please pre-register.

Mon, May 1 5:30-7:30 pm FREE 152278

Bowen West Soccer Field

### Youth Week Dragon Boating

12 to 18 Years

Meet up with the Full Throttle Youth Dragon Boat Team for an introduction to this sport. This class is led by qualified and certified instructors. Hey, you may like it so much you want to join the team! Please pre-register.

Tue, May 2 4-5:30 pm FREE 152281

Harbour Air Dock

### Youth Week Dodgeball

12 to 18 Years

Duck, doge, dip and dive! Join us for this FREE session.

Please pre-register.

Wed, May 3 6:30-8:30 pm FREE 152719

Oliver Woods Community Centre

### Youth Week PJ Movie Party

12 to 18 Years

Throw on your favourite pajamas and settle in for a movie and popcorn. Please pre-register.

Thu, May 4 6:30-9 pm FREE 152277

Beban Social Centre

### Youth Week Stick 'n' Puck

12 to 18 Years

Unstructured hockey practice time. Games and scrimmages not permitted. Helmets are mandatory.

Fri, May 5 2:30-3:30 pm \$5.25

Cliff McNabb Arena

### Youth Week Glow Skate

12 to 18 Years

Come and enjoy one of our most popular skating sessions for FREE!

Fri, May 5 3:45-5:15 pm FREE

Cliff McNabb Arena

### Youth Week Dive-In Movie

12 to 18 Years

A movie and swimming - the perfect combo for a Saturday evening!

Sat, May 6 7-9 pm \$3 for youth

Nanaimo Aquatic Centre

### Youth Week Babysitter Training

11 to 15 Years

Learn first aid, safety, childcare and how to handle emergency situations. Certificates will be handed out to those who successfully complete the course. This is a Red Cross course. Please pre-register.

Sun, May 7 9 am-3:30 pm \$10/1 152279

Oliver Woods Community Centre



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250-756-5200

CITY OF NANAIMO  
THE HARBOUR CITY



Take a  
MOMENT