

NEWS RELEASE

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Fall and Winter Activity Guide available starting August 17

Summary

As the long days of summer get shorter, the City of Nanaimo is pleased to announce the Fall and Winter Activity Guide will be available for viewing on the City's website August 17 and ready to pick up starting August 20.

A variety of programs and events for all ages at facilities and parks throughout Nanaimo can be found in the City of Nanaimo Parks and Recreation Activity Guide along with information on other community programs. Starting Wednesday, August 24, registrants can sign up for programs such as Lego robotics, High Intensity Interval Training (HIIT), beginner yoga, little Ninjas Tae Kwon Do, banjo lessons and, back by popular demand, a cheese making series.

Strategic Link: The Fall/Winter Activity Guide supports the Cultural Vitality pillar in the 2012-2015 Corporate Strategic Plan by promoting a broad concept of culture encompassing creativity/innovation, arts, heritage, ethnicity, sport, recreation and leisure lifestyles.

Key Points

- The City of Nanaimo Parks and Recreation Activity Guide Fall and Winter Activity Guide will be available on the City website Wednesday, August 17 and will hit shelves at City of Nanaimo recreation facilities, local grocery stores, malls and libraries starting Saturday, August 20.
- For online registration login information, contact the City at 250-756-5200.

Quotes

"The City offers a wide variety of recreation programs for all ages and abilities. "Take a Moment" to pick up a copy of the Fall and Winter Activity Guide and discover the many activities our City has for you to participate in!"

Richard Harding
Director, Parks & Recreation
City of Nanaimo

Continued... Fall and Winter Activity Guide available starting August 17

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View the online edition for more information - <http://cnan.ca/2aLQHDg>