

## NEWS RELEASE

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### Westwood Lake lifeguards on duty starting June 28

#### Summary

It's officially summer which means spending more time outside. The City of Nanaimo Parks, Recreation and Environment department is pleased to announce lifeguards will be on duty at Westwood Lake daily from 12 pm to 6 pm starting June 28 until September 7, 2015.

Sunday, July 19 kicks off National Drowning Prevention Week at Westwood Lake. From 1:00 pm to 3:00 pm visitors to Westwood Lake can participate in some great activities while learning about water safety.

*Strategic Link:* Lifeguards on duty and Water Safety Week support the Cultural Vitality Pillar in the 2012-2015 Corporate Strategic Plan by promoting sport, recreation and leisure lifestyles.

#### Key Points

- Lifeguards will be on duty at Westwood Lake daily from 12 pm to 6 pm starting June 28 until September 7, including Canada Day, BC Day and Labour Day.
- Swimming lessons are available in Westwood Lake. Register online at [ireg.nanaimo.ca](http://ireg.nanaimo.ca) or by calling 250-756-5200.
- National Drowning Prevention Week kicks off at Westwood Lake on Sunday, July 19 from 1:00 pm to 3:00 pm.

#### Quotes

"Nothing says summer like swimming in Westwood Lake and it looks like it's going to be a great season for it! Don't forget to join us July 19 to learn some water safety skills in a fun environment."

Michial Seginowich  
Recreation Coordinator - Aquatics  
City of Nanaimo

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**Contact:**

Michial Seginowich  
Recreation Coordinator - Aquatics  
City of Nanaimo  
Michial.Seginowich@nanaimo.ca



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