

## NEWS RELEASE

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### Water Safety Survival Day event to be held at NAC

#### Summary

Nanaimo Aquatics Centre will host Water Safety Survival Day this Saturday. The event runs from 2:00 pm to 5:00 pm and will feature a variety of life-saving skills and activities for all ages.

Water Safety Survival Day is an afternoon of fun events that promote water safety and survival skills. Activities include: scuba diving, an obstacle course, hypothermia challenge, survival boat building and much more.

*Strategic Link:* Taking responsibility to be an excellent municipal government.

#### Key Points

- Water Safety Survival Day will be held at Nanaimo Aquatic Centre on Saturday, March 21 from 2:00 pm to 5:00 pm.
- Water Safety Survival Day is an afternoon of fun events that promote water safety and survival skills.
- Activities include: scuba diving by Sink or Swim Scuba, water survival obstacle course, hypothermia challenge, survival boat building, Junior Lifeguard Club activities, swim to survive challenge, underwater scavenger hunt, face painting and prizes.

#### Quotes

"This is a great opportunity for the community to learn about water safety and gain some survival skills in a fun environment."

Taz Hartwick  
Recreation Coordinator - Aquatics  
City of Nanaimo

#### Quick Facts

- BC has the third highest rate of drownings in Canada according to the Lifesaving Society.

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Continued... Water Safety Survival Day event to be held at NAC

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