



PROCLAMATION
PULMONARY HYPERTENSION MONTH
NOVEMBER/2014

WHEREAS: Pulmonary Hypertension, or PH, is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social or ethnic background; and

WHEREAS: Pulmonary Hypertension, which means high blood pressure in the lungs, causes the arteries of the lungs to become narrowed and scarred. This can result in almost complete closing of the arteries. People affected by this disease suffer from continuous high blood pressure in the lungs resulting in enlargement of the right heart, and can lead to heart failure and death; and


WHEREAS: some symptoms of pulmonary hypertension are: shortness of breath, bluish or purplish lips, hands and feet; swelling of the hands and feet; lightheadedness/dizziness, especially when climbing stairs or standing up; chest pain and a feeling of being tired all of the time; fainting; and

WHEREAS: the somewhat "generic" symptoms often get mistaken for other, less serious illnesses and conditions and patients therefore experience significant delays in diagnosis and receiving lifesaving treatments.

NOW THEREFORE, I John Ruttan, Mayor of the City of Nanaimo, do hereby proclaim the month of November/2014, to be known as:

"PULMONARY HYPERTENSION MONTH"

in the City of Nanaimo.


John Ruttan
MAYOR



DATED THIS 30TH DAY OF SEPTEMBER, 2014.