



## Health Services



### Medical Clinics

#### AIDS VANCOUVER ISLAND

Phone 250-754-9111 or toll free at 1-877-311-7400

Hours Monday 9 am - 2 pm  
Tuesday - Thursday 9 am - 5 pm

Address [102 - 55 Victoria Road](#)

Services Provides integrated services such as education, advocacy, and client support to individuals with HIV/AIDS, Hepatitis C, and other communicable diseases. Provides education and harm reduction information to schools, the broader community, and target populations.

Website [www.avi.org](http://www.avi.org)

Bus Route #7, #70, #78


#### CANADIAN CANCER SOCIETY

Phone 1-888-939-3333

Email [info@cancer.ca](mailto:info@cancer.ca) (for information and support) or [connect@cancer.ca](mailto:connect@cancer.ca) (general inquiries)

Services Provides emotional and practical support and assistance to cancer patients, arranges out-of-town transport for cancer patients during treatment. Wigs, hats, scarves, bras, prosthesis, brochures, books, videos, and appointments for the wig and hair stylist are available at no cost. Register for the Look Good Feel Better Program online ([lookgoodfeelbetter.ca](http://lookgoodfeelbetter.ca)) or by telephone 1-800-914-5665.

Website [www.cancer.ca](http://www.cancer.ca)

Social 


#### CANADIAN DIABETES ASSOCIATION

Phone 1-800-226-8464

Hours Monday - Friday 10 am - 2 pm

Services Diabetes Canada is the nation's most trusted provider of diabetes education, research, resources, and services.

Website [www.diabetes.ca](http://www.diabetes.ca)

Social 

#### COMMUNICABLE DISEASE CLINIC

Phone 250-740-2615

Hours Monday - Friday 8:30 am - 4:30 pm

Address [1665 Grant Avenue](#)

Services Counselling and treatment for sexually transmitted infections, testing and referral for communicable diseases and TB, and central island viral hepatitis service. Appointments required.

Bus Route #30



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#### COMMUNITY OUTREACH DENTAL ENDEAVOUR (CODE)

Phone 250-591-0771  
 Email [nanaimoadmin@connective.ca](mailto:nanaimoadmin@connective.ca)  
 Address [101 - 489 Wallace Street](#)  
 Services Not for Profit Dental Clinic. Patients are asked to make a donation to the clinic for their treatments. Check website or call for hours of operation.  
 Website [www.connective.ca](http://www.connective.ca)  
 Bus Route #5, #6

#### HEALTH INSURANCE BC

Phone 1-800-663-7100  
 Services General information about the Medical Services Plan and PharmaCare benefits and services  
 Website [www2.gov.bc.ca](http://www2.gov.bc.ca)

#### HEALTH LINK BC

Phone 811  
 Services Free-of-charge provincial health information and advice phone line available in British Columbia  
 Website [www.healthlinkbc.ca](http://www.healthlinkbc.ca)

#### HEALTH MATTERS CLINIC

Phone 250-753-6759  
 Hours Monday - Friday 9:30 am - 5 pm  
 Address [103 - 1450 Waddington Road](#)  
 Services Provides free and confidential STI, Hep C, and Rapid HIV testing and treatment. The clinic is located on the main floor at the end of the hall on your left side in suite #103 Call or Text: 250-753-6759 for an appointment.  
 Bus Route #30

#### MOBILE HEALTH OUTREACH

Phone Toll free 1-844-482-4239 or text 250-510-3637  
 Hours Wednesday 4 pm - 8:30 pm  
 Friday 1:30 - 9:30 pm  
 Saturday 1:30 pm - 9:30 pm  
 Address [201 - 170 Wallace Street](#)  
 Services Free and confidential safer sex and drug use supplies, HIV testing, referral, overdose prevention and harm reduction. Mobile Health Outreach provides harm reduction supplies, information and referral on a confidential basis in the Cowichan Lake, Duncan, Ladysmith, Nanaimo and Parksville areas.  
 Website [www.narsf.org](http://www.narsf.org)  
 Bus Route #1, #20, #30, #50



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#### NANAIMO HEALTH UNIT

Hours	Monday - Friday 8:30 am - 4:30 pm	
Address	<a href="#">1665 Grant Avenue</a>	
Bus Route	#30	
Service	Public Health Nursing	250-755-3388
	Immunization Appointments	250-755-3342
	Adult & Youth Health Clinic	250-755-3345
	Infant, Child & Family Intake	250-755-3388
	Postpartum Depression Support	250-755-3388
	Hearing Services Appointment	250-755-6269
	Speech Services	250-739-6827
	Dental Health Program	250-739-5845
	Nutrition Services	250-739-5845

#### NANAIMO REGIONAL GENERAL HOSPITAL

Phone	250-755-7694
Hours	24/7
Address	<a href="#">1200 Dufferin Crescent</a>
Website	<a href="http://www.islandhealth.ca">www.islandhealth.ca</a>
Bus Route	#30
Social	 

#### OPTIONS FOR SEXUAL HEALTH

Phone	250-753-9511
Hours	Monday - Wednesday 5 pm - 8 pm
Address	<a href="#">#8 - 1599 Dufferin Crescent</a>
Services	Reproductive health services including birth control information and supplies, fertility awareness, pregnancy testing information and counselling, sexually transmitted infections testing and treatment. Appointments preferred.
Bus Route	#30
Social	 

#### BC CANCER SCREENING

Phone	250-176-5904
Hours	Monday - Thursday 8:30 am - 4 pm Friday 8:30 am - 3:30 pm Every Second Saturday 8:30 am - 12:35 pm
Address	<a href="#">1804B Bowen Road</a>
Website	<a href="http://www.bccancer.bc.ca">www.bccancer.bc.ca</a>
Bus Route	#30

#### VIU DENTAL CLINIC

Phone	250-740-6240
Services	All treatment is provided by dental students who are supervised by licensed faculty and dentists.
Address	<a href="#">900 Fifth Street</a>
Bus Route	#5, #6, #8, #15, #15A, #25, #40